Team Name: Season:

Date	Pitcher Name	League	# of	Number of Days	Eligible to Pitch On (Date)	Scorekeeper Signature	Umpire Signature	Manager Signature	Opposing Manager Signature
		Age	Pitches	Rest Required	On (Date)				

Max Pitches Per Day

Age 13-16 = 95 Age 11-12 = 85 Age 9-10 = 75

Age 7-8 = 50

Days Rest Required

66 + = 4 calendar days

51-65=3 calendar days

36-50=2 calendar days

21- 35 = 1 calendar day

1 - 20 = 0 calendar days